

# CARDIOVASCULAR DISEASE (CVD)

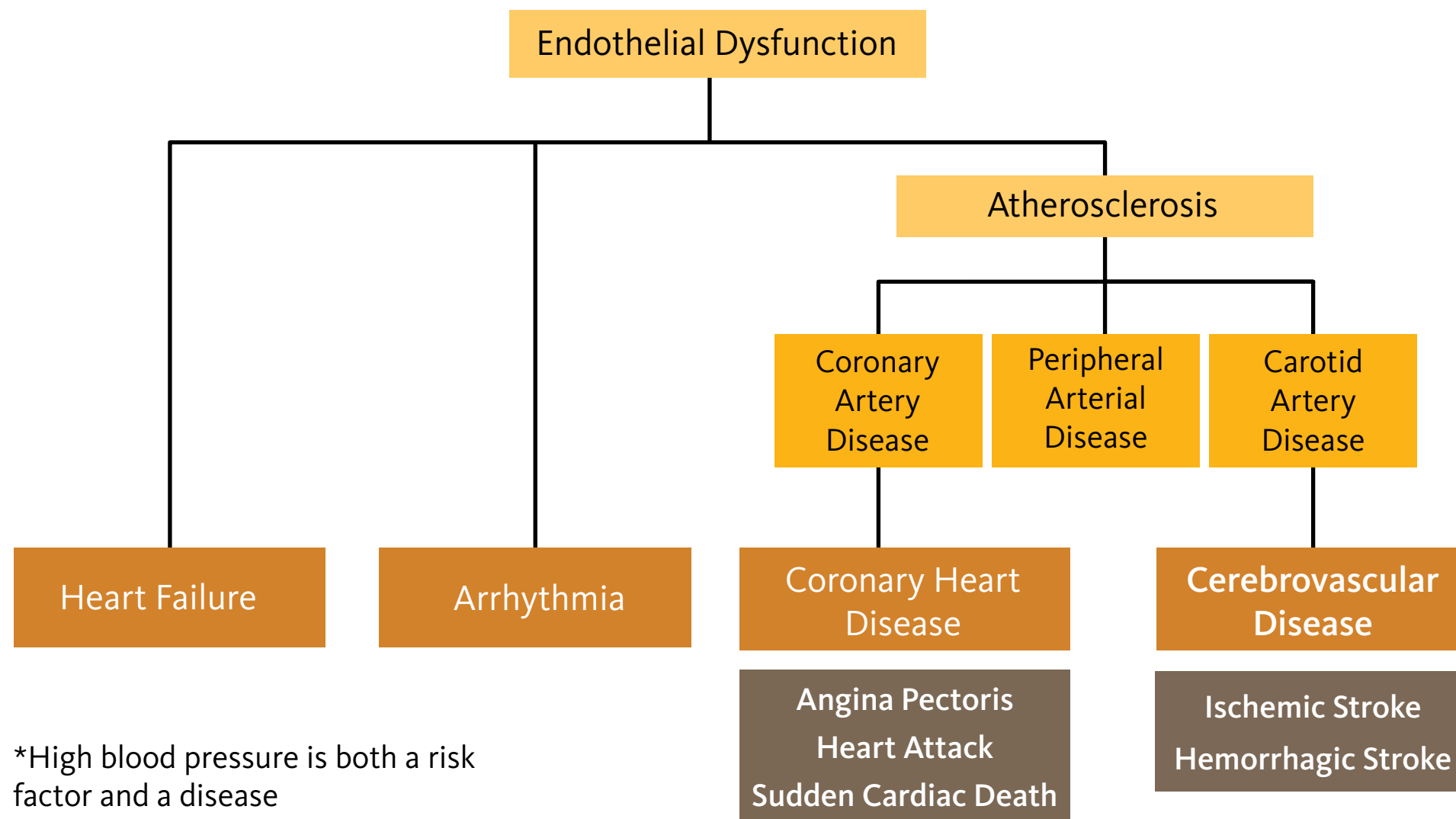
a group of conditions that affect the heart and blood vessels

Physiological Risk Factors
High Blood Cholesterol
High Blood Homocysteine
High Triglycerides
Diabetes
*High Blood Pressure

Behavioral Risk Factors
Poor Diet Quality
Low Physical Activity
Central Adiposity
Smoking

## Risk Factors

(Things that increase the likelihood of developing a disease)



## CVD Conditions

(Darkens with severity)

## Clinical Events

\*High blood pressure is both a risk factor and a disease